



HKU
SWSA

Department of Social Work and Social Administration
The University of Hong Kong
香港大學社會工作及社會行政學系



Next step for Hong Kong: Co-designing an evidence-informed dementia plan

Dr Gloria Wong

Department of Social Work and Social Administration
The University of Hong Kong

Why Do We Need a Co-Designed Plan?

<https://www.alz.co.uk/adi/pdf/from-plan-to-impact-2019.pdf>



- Countries and territories with a national plan
- Countries and territories with a plan in development
- No plan at present

- Dementia care & prevention involve & impact on multiple sectors: not just experts & policymakers
- Anyone can be affected; a common goal achievable
- The task is urgent
- In HK: with so much input, have we made a difference to people's lives?

"A policy without strategic plan remains a dream.

A plan without policy is an aimless & disorganised list of activities"

(WHO, 2007)

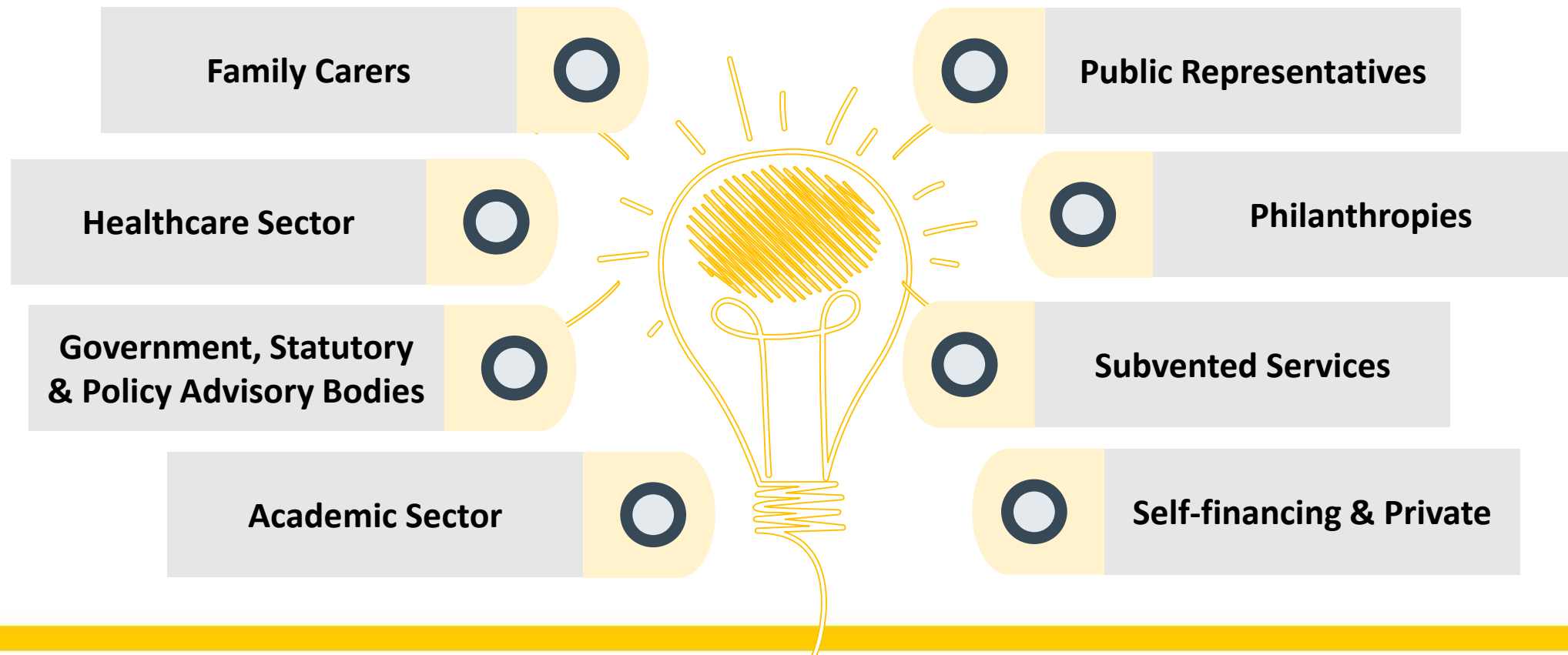
Co-Designing Using the Theory-of-Change Method

Theory of Change: an outcomes-based approach which describes how a programme brings about specific outcomes through a logical sequence of intermediate outcomes.

In Hong Kong: to develop a strategic direction & plan with data & modelling to guide implementation

Who Were Involved?

- 32 representatives from multiple sectors
- 3 facilitators: faculty members from social sciences & medicine
- Zoom meetings (workshops): 27 Aug & 17 Sep 2020
- Papers & other communications for ideas inputs



What Have We Discussed?

Impact

The real world change we are trying to achieve

Outcomes

A set of logical steps that need to happen if the impact is to be achieved

Rationale

Evidence, or rationale, for why one outcome will logically lead to the next

Indicators of success

Who/what, how, how long, how much change will occur as a result

Interventions / key activities

What needs to be done to move from one outcome to the next



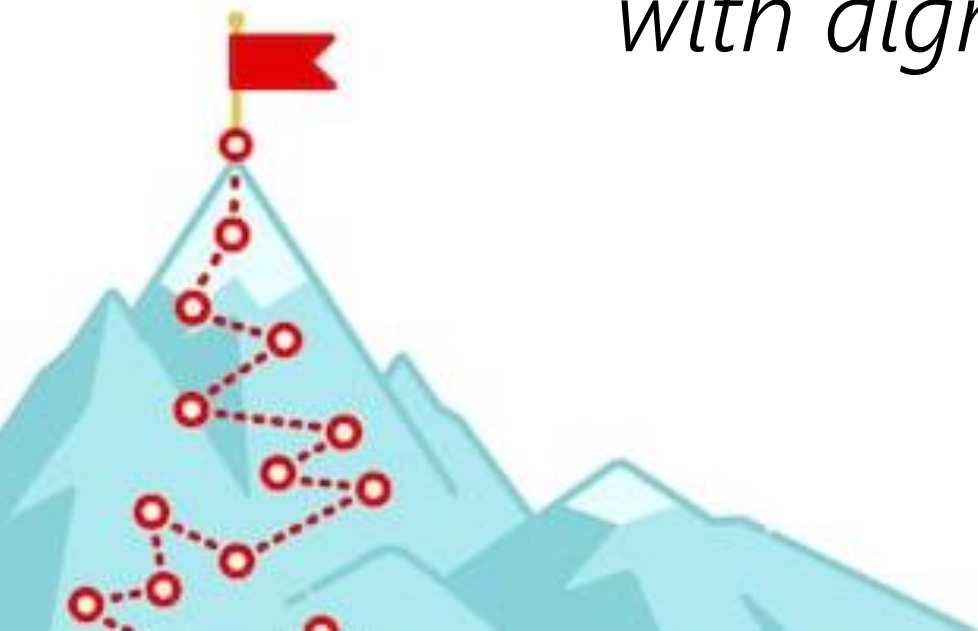
Reference:

Breuer E, Comas-Herrera A, Docrat S, Freeman E, Schneider M and the STRiDE team (2019). STRiDE Theory of Change Workshops: Guidance and Resources. STRiDE Research Tool No.1 (version 2), Care Policy and Evaluation Centre, LSE, London.

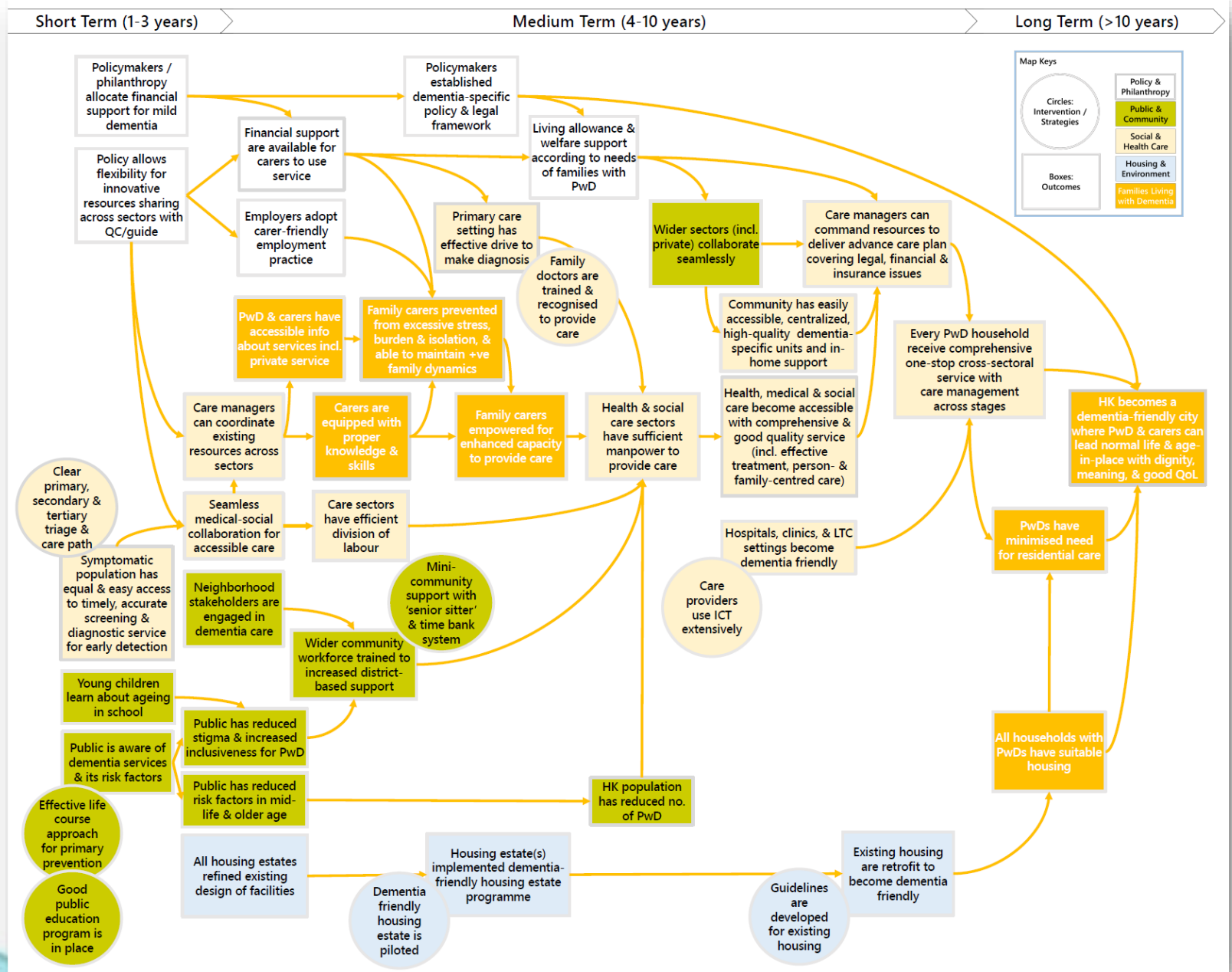
Where Do We Want to Get to in 10 Years?

HK becomes a **dementia-friendly city** where people living with dementia & carers can lead normal life & age-in-place with dignity, meaning, & quality of life

HK has **reduced number** of people living with dementia through effective prevention



How Do We Get there in 10 Years? Roadmap in Progress!



How Do We Get there in 10 Years?

Roadmap in Progress!



Housing & Environment

- Pilot dementia-friendly housing programme
- Guidelines for existing housing to become dementia friendly

Policy & Philanthropy

- Carer-friendly employment practice
- Dementia-specific policy & legal framework

Public & Community

- Life course approach in education, prevention & awareness programme from young age

Social (incl. LTC) & Health (& Medical) Care

- Clear triage & care path for system efficiency
- One-stop locality-based collaborative care with neighbourhood & wider sector engagement

Families Living With Dementia

- Respite & empowerment

Our Team

Principal Investigators

The University of Hong Kong

Dr Gloria HY Wong

Professor Terry YS Lum

Professor Doris SF Yu

Dr Hao Luo

Dr Jennifer Tang

London School of Economics and Political Science

Professor Martin Knapp

Ms Adelina Comas-Herrera

Hong Kong Alzheimer's Disease Association

Dr David LK Dai

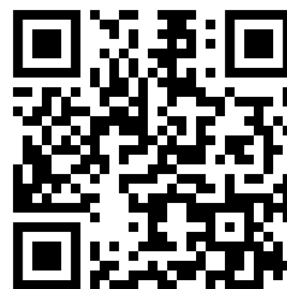
Peking University

Professor Yueqin Huang

 @tip_card



T I P C A R D
www.tip-card.hku.hk



Project Staff

Dr Cheng Shi

Ms Kayla Wong

Ms Maggie Yeung

HKU SWSA Dementia Research Team

Mr Jacky Choy (coordinator)

Ms Emily Leung

Ms Amy Cheung

Ms Maggie Ma

Ms Pengcheng Wang

PhD Candidates

Ms Xinxin Cai

Mr Yingyang Zhang



Thank You